



EMMANUEL EPISCOPAL CHURCH

"Reflecting the Light of Christ from Generation to Generation"

Reflections

Serving the Sandhills of North Carolina, The Episcopal Day School and Penick Village

From the Rector

Dear brothers and sisters in Christ,

After many years of prayerful discernment, a process that began well before my tenure as your Rector, this past year the Vestry determined that it was time to move forward with a capital campaign to expand our worship space and to provide Episcopal Day School with additional classroom facilities to further their mission to nurture children – our church's future - in body, mind, and spirit.

It has been a challenging year in so many ways, in our nation's and our global economy, and our church was not exempt from its impact. Nevertheless, in spite of these challenges we were able to raise over \$2.1 million, and I personally think this is an incredible testament to our commitment to Christ's mission. That said, we obviously did not raise funds sufficient to move forward with the construction of the new church and school facilities at this time.

In September, your Vestry decided to suspend the campaign in order to focus on our annual campaign for 2012, providing material support for our ongoing ministries, week in and week out. In these difficult times, the spiritual nurture, guidance and support our church

provides are needed now more than ever.

In consultation with the Vestry, we have determined that it is time to enter into a period of prayerful



The Reverend John G. Tampa

reflection as a congregation. What is it that God wants us to notice? What are we being led by the Spirit to be and do for the sake of Christ? What is God's dream for Emmanuel in the coming years? These are foundational questions, and it is time for Godly discernment.

To that end, the Vestry is planning to conduct a series of congregational discernment sessions to be held in early January 2012.

The dates are:

- Monday, January 9 (6:00 – 8:00 p.m.)
- Tuesday, January 10 (6:00 – 8:00 p.m.)

- Thursday, January 12 (6:00 – 8:00 p.m.)
- Saturday, January 14 (9:00 – 11:00 a.m.)

These sessions will be devoted to prayerful reflection upon our *future* together as a community of faith. If there are any questions or concerns about that has happened in the past, I encourage you to reach out to any member of the Vestry at another time. As always, we will observe our usual norms for Christ-like dialogue. We will focus on three questions:

1. What is God calling us as a community of faith to undertake for the sake of Christ's mission in the coming five years?
2. How is my discernment rooted in our faith tradition, reflecting my consideration of the Scriptures, the church's teaching tradition, and my use of sanctified reason?
3. In what ways am I prepared to personally contribute to the fulfillment of this vision?

The process at these meetings will be as follows:

1. Each participant will be asked to spend 20 minutes to write

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EMMANUEL EPISCOPAL CHURCH

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The deadline for articles is the 15th of the month preceding publication. Please send articles to Jason Davis at Emmanuel Episcopal Church, 340 S. Ridge Street, Southern Pines, N.C. 28387.

Phone: 910-692-3171

Fax: 910-693-3735

E-mail: eec@emmanuel-parish.org or

Website: www.emmanuel-parish.org

- Bishop of the Diocese
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- Assistant Bishop of the Diocese
- The Rt. Rev. William O. Gregg
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- Members
- Don Bridge ('11)
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- Leigh Velevis ('12)
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- Pete Kruyer
- Youth Liason.....
- Grace Baran
- Vestry Clerk
- Boydie Girimont

From the Rector (continued from page 1)

his/her responses to these three questions.

2. We will then break up into small groups to discuss our responses.

3. Finally, we will come together and ask each small group to report on its discussion.

The themes arising from these sessions will be compiled and will be the basis of discussion at the Vestry retreat in late January. The goal of the retreat will be to determine the overarching initiatives God is calling us to focus upon in the coming years...to discern what the Spirit is saying to us at this time.



'Tis The Season

The word **percent** has a different amount of importance to everyone. *You*, might be the student who diligently studies to achieve a perfect 100 **percent** on a test. *You*, might be the first time home buyer seeking the lowest **percent** of interest for a mortgage loan. *You*, might be the retiree who depends on the **percent** of interest earned on your lifelong savings. Or, *you*, might be included in the **9.2 percent** of unemployed persons in Moore County.

The Community Outreach Commission will sponsor the annual 'Tis The Season event on December 4 and 11. This Alternative Christmas Shopping Mall will be in the Parish Hall during the Adult Forum. Parishioners may shop by purchasing gift acknowledgements to send to family and friends stating that in

I believe it is important to engage in this process of discernment without any discussion of dollars and cents, bricks and mortar. And I am certain that when we arrive at a consensus about where God is leading us, questions of what to do with dollars and cents, bricks and mortar will become clear.

In conclusion, I want to thank God and thank you for staying together as a Christian family through this challenging time. Though we share many differing points of view (a key sign of a healthy Christian community), the most important thing we share is our common identity as God's beloved.

Faithfully,

The Rev. John G. Tampa, Rector

their honor, a contribution has been made to one of the Commission's twelve supported agencies. For convenience and ease, cashier stations will be located in the Parish Hall foyer. One hundred **percent** of the funds received at the 'Tis the Season event are sent to your designated agencies.

Tis the Season is the perfect opportunity for you to be included among the increasing **percent** of Emmanuel parishioners who continue to share, volunteer and give generously...

1 John 3:17-18

If anyone has material possessions and sees his brother in need but has no pity on him, how can the love of God be in him? Dear children, let us not love with words or tongue but with actions and in truth.

From the Associate Rector

Sabbath. What comes to mind when you hear this word? Stopping? A few hours or a day off? Vacation? If only it were so easy. Pausing, taking a break, and stepping back from the hustle and bustle of the world is certainly going against the flow of the messages that abound calling for one to do more, and do it quickly! Many North Americans are so sold on speed, so invested in productivity, and so convinced that multitasking is the way of life that taking a Sabbath hour, much less a day, seems out of the question.

Still, the rector and vestry have called for a communal Sabbath for the parish between now and the congregational meetings to be held in early January 2012, all in preparation to discern God's dream for Emmanuel.

Yet, a Sabbath, really? There is so much that needs to be done, much less dream. There are not enough hours in the day. My "to do" list is longer than what I've actually written down. Yet this commandment straight from God has no exceptions or clauses. Sabbath itself begins with God, for God calls for us to be Sabbath people, and then, well, it's up to each of us as to how to respond. "Remember the Sabbath and keep it holy." Later it says in Exodus "you shall not do any work on the Sabbath day." No work at all?

Does this include balancing one's checkbook? Taking out the trash? Don't know about you, but much of the time it is easier to keep going and going than to stop.

And why stop? What are the gifts in Sabbath? Stop because one can send the message to God that

the world is not up to one's self by observing the Sabbath. Practicing the trust that God really has the whole world in God's hands is also a gift to God. In addition, there is the gift of being, simply being with God. The joy and peace of being in God's presence. St. Augustine once said, "You have made us for yourself, O Lord and our hearts are restless until they rest in you." Any restlessness out there? God gives the gift of rest. To receive God's Sabbath gifts, one must first stop. That can be the hard part.

My grandmother has gently nudged me to observe the Sabbath without even knowing it. These days she is in her nineties and in my last visit with her a couple years ago, much time was spent just sitting next to her, sometimes holding her hand and just being with her. We would sit for hours together, and just stop and be. Not much talk or any noise for that matter. At times, she would close her eyes and drift off to rest a bit. Sometimes she'd tell me a story and we'd laugh, smile, or shed some tears together.

In short, it was holy, unforgettable time. I've learned quickly in my visits with her that she did not want or need any tangible gifts. She only wanted the gift of time together. Many days, I'd be in the midst of making a meal or something and she would sit nearby. Sometimes, even in her faint eyesight she would sense me coming her way and with her hand, touch the chair next to hers, inviting me to come and sit next to her. And because of my love for her, I did. My time with her was limited, and it quickly became holy time. In it, God gave clarity about what matters and who matters - and well, just clarity in too many ways to

capture in the space here. And to this day, in my Sabbath time, I sense that as a saint, she is near, calmly and gently cheering me on into the deeper love of being in God's presence.

Except that this didn't happen quickly or easily at the start. At first this 'being' with her was challenging for me, because I saw so many other things around her house that really and truly needed to be done. Yet my grandmother quickly let me know that the doing wasn't what she wanted. All she wanted and needed was someone to be with her and she had chosen me.

I imagine that this is how it is with God. In fact, this is how I've experienced this to be with God. God wants us - and invites each of us to just stop and be in God's presence. And God believes in Sabbath so much that God practiced it and rested at the end of creation. If God needed to rest, what about God's children? Sure, at first, there may be resistance. There may be voices inside one's head saying, "What are you doing - or not doing anyway?" Clearing one's mind is not easy. It takes time to learn to really rest and not pace around. Even so, it's worth working at it and the gifts that God gives as one practices the Sabbath are too many to list here. A deep peace (shalom) that passes all understanding. Hope. Faith. Love. Joy. Focus. Renewal. Yes, Sabbath is full of divine love. Love from the Creator of love. All these and more because God knows best.

And it's in the Sabbath times that one can begin to hear God speak God's dream. In a busy and sometimes chaotic culture, hearing

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From the Associate Rector (cont. from page 3)

anything clearly can be a challenge, much less a nudge and dream from God. Yet, in the silence, when life is moving at a different rate - to the different beat of a different drum - God's heartbeat seems closer and stronger.

God says, "be the Sabbath people I created you to be." And if you decide not to rest, you'll miss oh so much. Yes, even and especially during Advent and Christmas. Otherwise, one may forget to even look in the manger. Yes, observe the Sabbath all life-long. Yes, be a people about Sabbath living because God knows best.

So, let's join together and do just that - be Sabbath people first individually and then collectively. And yes, people will wonder. For example, they may ask "What is different about you?" Or "What has gotten into you, anyway?" as you decide to not fill every minute of your December days with something. Then again, taking a Sabbath is filling one's day with something, just a different Something, actually a Someone. It's one on one time with Someone, the Giver of life, the Hope of all that was and is to come. Oh, and listen closely for God's dreams. They will come.

A Christmas Market

At
Artistic Kitchens and Baths

279 W. Pennsylvania Avenue

December 3, 2011
9:00 a.m. - 1:00 p.m.

Christmas Decorations
Silent Auction Items

All Proceeds support The
Bethany House, Inc.
A Recovery Home for Women



To Your Good Health

Parish Health Ministry is an internet newsletter sponsored by Episcopal Retirement Homes, Inc. The October issue contained some familiar tips for lowering cholesterol that bare repeating.

As the colder months are upon us, how about starting your day with a bowl of oatmeal? "Oatmeal contains soluble fiber and there is some evidence that both oatmeal and oatbran reduce the amount of cholesterol absorbed into the bloodstream. However, adding a cup of cream to your oatmeal or eating oatmeal cookies negates the value and just adds saturated fats. If you don't like oatmeal, try apples, pears, barley, kidney beans or prunes which are also high in soluble fiber."

Fatty fish like herring, sardines, tuna and salmon are all excellent sources of omega-3 fatty acids that

can reduce high blood pressure and the risk of developing blood clots. Remember to bake or grill your fish in order to avoid adding unhealthy fats.

Flaxseed oil and canola oil also contain omega-3 and should be used instead of the heavier oils in food preparation. Olive oil contains antioxidants that can lower your bad cholesterol (LDL) while leaving your good cholesterol (HDL) intact. Olive oil, however, is high in calories and should be used sparingly.

"Many nuts help lower triglycerides - almonds, walnuts, hazelnuts, pecans, pistachios, and macadamia nuts. Like fatty fish, the nuts contain substances that are converted to omega-3 fatty acids; they are also a good source of fiber." But, they also must be used sparingly because of the calories.

Foods such as margarine, orange juice and yogurt drinks are now fortified with sterols and stanols (found in plant matter) that lower cholesterol by blocking its absorption in the intestines. These additives may help reduce LDL by as much as 10%.

These suggestions will help, but only if used correctly and as part of a healthy life plan that includes exercise and portion control. With the holidays approaching, watch the papers, magazines and TV for food favorites that are amended to lower some of the high saturated fat content.

Joan Hoover,
Health Ministry



Outreach

Truly, I tell you, just as you did it to one of the least of these who are members of my family, you did it to me. (Matt. 25:40)

Sandhills Moore Coalition for Human Care

The Census Bureau reported that Moore County's poverty rate jumped from 7.7 percent to 18.9 percent over the past three years. The Coalition is feeling this rise in poverty as many more families in Moore County are seeking emergency assistance. Food items are the top of the list, followed by utility and fuel bills. Demand is so high that the Coalition is almost always out of something. Adding to the challenge is the geographical size of Moore County, a factor that presents an expensive transportation issue. Also, a loss of financial support is linked to the economic downturn. The Coalition is seeking all the assistance it can get as it attempts to help the multiplying emergency needs of Moore county citizens.

Fill the bins with **Diapers** (size 4 and up) in **December** and **Juice** in **January**. There is also an immediate need for **Blankets**.

Family Promise - The new Transitional Housing Program is gearing up to offer housing to the first family. Currently it is envisioned to be an 18 month maximum rental to a family who will pay 30% of their gross income toward rent. Family Promise will then subsidize the remaining rent and also be certain that utility bills are kept up to date.

Apartments will be in various locations, and the number of apartments will increase as funding allows. This program is being kicked off by a grant from St. Joseph's of the Pines.

BackPack Pals - The Pals currently assist 850 students, and the number is expected to increase to 900 by the end of December. They spend about \$1900.00 each week because the donated food items aren't enough for all students being helped. The need is greater than ever. BackPack Pals continues to be very grateful for the generous donations of food items, funds and time offered by many dedicated volunteers and area churches and other organizations.

The Thrift Shop - The Thrift Shop continues to thrive - probably one of the few areas of retail that has done well over the past few challenging years is second-hand stores. We are happy to have new and recurring customers shopping with us. Donations continue to be strong and our volunteers work their magic handling all the inventory efficiently. We are so grateful for our dedicated, long-time volunteers but are always looking for more.

Penick Village - The Penick Art Show netted over \$53,000 for the Benevolent Assistance Fund. That is very good news because Penick's population who is receiving assistance is aging and moving to higher levels of care, more costly. Therefore, even more funds are needed for

the Benevolent Assistance Fund in order to continue the policy of caring for residents throughout their lives, whether or not they have funds remaining to pay.

MANNA! - Emmanuel is one of many churches in the area involved in this ministry. In August the director of MANNA! reported that since inception in September 2011 they have prepared 122,204 lunches. Lunches prepared by those at Emmanuel are distributed from Spaulding Chapel in Taylortown and Trinity AME Zion in Southern Pines.

Friend to Friend - Construction of the new safe house is underway and a completion date in the month of February is anticipated.

Literacy Council - One day two employees from Residence Inn came into the Literacy Council office - one to train to become a tutor and the other who needed to improve her English. Conversation with them led to meeting with their manager, who is ready to work with us. We already have three employees using our computer lab and/or working with tutors, and we are about to place a computer and software in their break room at work. Literacy training will get added to the things employees can do to receive incentives. We are excited to find an employer with whom we can partner, and once we've worked together for a while, we hope this can be a model that will inspire others.

The Knitters' Guild will meet on Thursday, December 1st and Thursday, January 5th at 10:00 a.m. in the church library. New members are always welcome, so if you knit or crochet please consider joining this ministry.



A Series on the History of Emmanuel Church: “Part II: Laying of a Cornerstone”

An acceptance letter from Mr. E. Ellsworth Giles dated January 28, 1926 to the Rev. Alaric J. Drew confirms his hiring on February 1, 1926 for the period of three months for the blanket sum of \$100 to serve as choir director. Additionally, Mr. Giles would sing solos the first Sunday of each month. Following the summer of '26, Mr. Giles was again hired for the period of October 1, 1926 - June 1, 1927 with full charge of the choir for the sum of \$600. E. Ellsworth Giles was a very prominent golfer and, along with his wife who was also a reputedly fine golfer and musician, were active socialites in the Pittsburgh country club scene. He was also the president of The Ellsworth Giles Company, Inc. Advertised as “A Complete Organization,” the company specialized in selecting land, designing and building golf courses, organizing country clubs, designing and building clubhouses, and remodeling and rebuilding old golf courses. His firm was noted for building the Ocala Golf Club (formally known as The Highlands), and a 1922 advertisement in *The American Golfer* promotes him as the designer and builder “of fine Nemaacolin Country Club in Washington County, PA.” With an office in the Gazette Times Building in Pittsburgh, he advertised himself as an “authority in selecting land and golf links” - submitting “clubs will be saved money and future inconvenience by consulting Mr. Giles before purchasing land.”

While his fame will be discussed further in a February article for *Reflections*, E. Ellsworth Giles is of note because he was the author of the newspaper article, dated December 17, 1926, that provides us with the history of the laying of

the cornerstone for “Emmanuel Parish House.” Titled an “Epoch Making Event,” the laying of the cornerstone occurred on Saturday, December 11, 1926. Giles reports that a large gathering representing all denominations attended the impressive ceremonies. Attendees were “fraught with the deepest meaning for Southern Pines in particular, for the Sandhills section in general, and for the Sandhills Parish spiritually and sentimentally.” The Bishop Coadjutor of the Diocese of North Carolina, the Rt. Rev. Edwin A. Penick D. D. was the officiating dignitary. When the cornerstone was placed “the Bishop then struck the stone three times saying: In the Name of the Father, and of the Son, and of the Holy Ghost: I lay the Corner stone of Emmanuel Parish House, to be erected to the glory of Triune God, for the social activity of this parish, for the work of its Church School, and as a temporary place of worship according to the use of that branch of His Holy Church Catholic and Apostolic, now known as the Protestant Episcopal Church in the United States of America. Other foundation can no man lay than that is laid, even Jesus Christ. Amen.” The Bishop further addressed the audience and described the Parish House to be “the work shop and social center of the church life, and expressed the hope that the community would use it.” The Rev. Frederick M. Gardner, pastor of First Baptist Church, Southern Pines 1910-1928, represented the coalition of local churches and brought a message of denominational fellowship and Christian goodwill, “emphasizing in his forceful address the prevailing spirit here as elsewhere of tolerance and friendliness among the faiths, without the abandonment of any individual beliefs.”

A great sense of satisfaction was described for Rev. Drew and his supporters in “being thus used as instruments in launching a building program which contemplates the erection of an edifice of such compelling beauty and importance to the community and to the resort.” Giles continues that, “while builded on the sands in contradistinction to the parable of old, will nevertheless endure as a monument to the faith of its founders, for the walls of the temple are of stone and granite.” [sic]

The building of the Parish House was just the first step in a large proposed campus for Emmanuel Church. The current church property was largely acquired between 1908 -1912. The lot specified for the rectory was acquired in 1926. There was incredible excitement and enthusiasm for the start of what was to be a grand edifice here in the Sandhills.

Emmanuel Church was grown from the pioneer church of Southern Pines. The first church service in Southern Pines was held Easter Sunday 1887 officiated by the Rev. Jesse Page, Methodist minister from Manly, who stood on the steps of the partially completed Central House on Bennett Street and conducted the service in the open. Also in 1887, Dr. Robert T. Thorne, an Episcopal Rector, came to Southern Pines and suggested that the Protestant faiths come together and build a “union church”. An interdenominational congregation was formed and services were held in the schoolhouse located at the corner of Maine Avenue and Bennett Street. While a united congregation

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A Series on the History of Emmanuel Church: (continued from page 6)

was in worship together, denominationalism was still a part of the religious fabric of Southern Pines, and the first service according to the use of the Book of Common Prayer was held here in February of 1888. By Easter Day, April 21st, 1889 there were seventeen Episcopal communicants present at the service held in the schoolhouse.

In 1891, Dr. Thorne had made sufficient progress in his mission work in the Sandhills that he was able to purchase lots on the corner of New Hampshire Avenue and Page Street upon which to place a dedicated church building. The corner stone of the original church was laid in May 1891, but lack of funding slowed the construction of the new church. Dr. Thorne was never able to see the completion of his dream. He returned North in the Summer of 1892 due to failing health and died in December. The building was finally completed in the summer of 1893 and the first union service in the completed church building was a memorial service to Dr. Thorne in June 1893.

The new church building served united Protestants in the Sandhills until 1895. It is most likely that the flavor of the union church on Page and New Hampshire was becoming more and more Episcopal in nature because on the evening of April 5, 1895 Charles Tarbell invited a group of interested Christians, local businessmen and "winter visitors" from New England to discuss the establishment of a Congregational Church.

Organizers drew up and adopted Articles of Faith and the congregation was recognized by official Council on April 25, 1895. The first official service was held April 28, 1895 in the union church building.

Denominationalism had emerged and in 1896, the Reverend Henry T. Gregory, an Episcopal

Manly, Southern Pines and the surrounding countryside was occurring at the corner of Connecticut and Page, the union church assumed its full Episcopal flavor. The church was designated an Episcopal Mission and named "Emmanuel" on Christmas Day 1899. Bishop Joseph Blount Cheshire, the first native-born North Carolinian Bishop, officially consecrated the building in the spring of 1900.

As the early part of the twentieth-century developed, Emmanuel Church outgrew the small former union church building and leaders envisioned a new sacred life bordered by May, Massachusetts, Indiana and Ridge Streets. (The original Episcopal and Baptist church buildings survive and are currently retrofitted as private residences/apartments, with original steeples removed.)

Construction of the new Sandhills Parish House was completed in March 1927 and the initial sermon was preached on Sunday, March 20th, 1927. Titled "The Value of Ideals", the initial sermon was reproduced by special request and in commemoration of that sacred day. A service of Holy Communion, held at 11:00 a.m., was offered "as a special service of thanksgiving to the Heavenly Father for His guidance and help in constructing the Parish House." The service began with the following statement from the Rector, Rev. Alaric James Drew:

"On behalf of the Vestry I wish

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Artist rendering of the 1926 Emmanuel Episcopal Church Campus Plan by Benton & Benton Architects, Wilson, NC. Copy produced by Eddy McWilliams of Southern Pines.

rector, was called to the church. At this same time, the newly formed Congregationalists bought property in the spring of 1896 at the corner of Bennett Street and New Hampshire Avenue. Although a cornerstone for the new church was laid in July of that year, changes in plans delayed the completion of the church. By 1898 a wooden church building for the Congregational denomination was complete and dedicated on April 3, 1898. With a new and distinct home for the Congregationalists and the construction of a Baptist Church, to be a consolidation of Baptists living in

A Series on the History of Emmanuel Church:

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to offer our heartfelt thanks to those who have so nobly supported us by the assistance of their prayers, and by their contributions for the construction of this building. Without your prayers it could not have been constructed, and it is also certainly true that without your contributions it could not have been built. We are grateful for your help and wish to extend publicly our thanks to all at this time. It is noticeable that we have been able to construct this building without making appeals from the pulpit, and we do not propose to do that at the present time. The reports of the Treasurer, Mr. W. N. Hutt were read on two occasions, but no direct appeal was made, and for this we are thankful."

The initial sermon was preached on the text from II Chronicles 6:8, "The Lord said to David my father, Forasmuch as it was in thine heart to build an house for My Name, thou didst well in that it was in thine heart." (A copy of the original document, which includes the complete text, is available on the Emmanuel website.)

Rev. Drew's words were cer-

tainly powerful. His sermon began, "THE NEXT BEST THING to DOING SOME great DEED is to have it in one's heart to do it. A man is not to be judged merely by what he DOES, but also by what he TRIES to DO. FAILURE in the eyes of the world is NOT necessary failure in the sight of God. King Solomon got the praise for building the Temple at JERUSALEM, yet the IDEA was not his - but his father's, and the man who can ORIGINATE a great and lofty IDEA is a much more important person than the one who shapes it into form and fact."

Rev. Drew continued his sermon, touching on judgment, circumstance, benevolence and motive. He then recalled the centurion who built a synagogue and requested Christ to come and heal his servant. He wrote, "BUT what of the others who had built no synagogue, that had done no great or note-worthy thing? Were they less worthy? Did they belong to a lower moral or spiritual order? GOD ALONE CAN ANSWER THAT QUESTION. It is clear that the centurion had the means and could afford to build the synagogue. He had, no doubt, plenty of money left

when he had completed the task. But the rank and file were poor, and had enough to do to make both ends meet. Their charities were so small that they attracted no notice. They have had it in their hearts to do splendid and admirable things - their air castles were magnificent, as most air castles are - perhaps they had done splendid things as God measures human actions and thought. Perhaps they had given more of themselves, to the solving of the PROBLEMS of humanity, than even the centurion who had built the synagogue."

Rev. Drew concluded with the following: "Some will call us visionaries and we are. We were told that we could not build this parish house by the pessimistic, but we are worshipping here to-day. We dream our dreams; we impress our thoughts as best we can, and if we are doing our best cherishing in our hearts the desire to do something for God, and yet seem to fail, God will say to us, as He said to David, 'Because it was in thine heart to do this thing thou didst well.'"

EDS News

The thirty fourth annual Candle light Tour of Homes will be held on Sunday, December 4th from 1:00 - 6:00 p.m. at five fabulous homes. We are so grateful to the families - Dick and Donna Verilli, John and Alice Wilson, Keith and Camie Marion, Pete and Joanne Mace, and Lynne Haubelt - who have opened their lovely homes trimmed with Christmas decorations to the community. This event is planned by

the Episcopal Day School PTA and all proceeds go to support our students and faculty. Our faculty, parents, community members and students from our local high schools serve as volunteers at the homes. Music will be played by local musicians and at one home, Spindle Top Farm, on the corner of Den Road and Connecticut Avenue, there will be horse drawn carriages to view. This one home will be open

from 1:00 - 4:00 p.m.. All the others will be open from 1:00 - 6:00 p.m. Tickets are available in the church and school offices and at many local businesses. The cost is \$15.00 in advance and \$20.00 at the door. Programs and maps will be available at every home. I do hope you can attend and enjoy these beautiful homes while helping our students and faculty at the same time.

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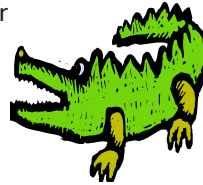
EDS News

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We also look forward to our old fashioned Christmas Concert held in the Parish Hall on Thursday, December 15th at 6:30 p.m. You are more than welcome to attend this joyful music program featuring Christmas carols sung by our first through fifth graders. We will also be taking the show to Penick Village for our friends there to enjoy.

On behalf of all the students, faculty, and parents at Episcopal Day School, I send on Christmas greetings for a joyous, blessed Christmas to you and your families.

Jay St. John
Headmaster



IMMANUEL'S GREEN SPACE

What is a Carbon Footprint?

Somebody asked me at church the other day, "Just what is a Carbon Footprint, anyway?" Well it got me to thinking that it might be good idea this month to run an article that I had cobbled together for the November 2008 newsletter.

Actually, it's just a fancy name for measuring the amount of carbon dioxide (CO₂) that gets spewed into the air when the goods we consume are being made, shipped, stored and used. However, your carbon footprint includes more than just carbon dioxide. Methane and nitrous oxide are also greenhouse gasses which are added to the equation, the result of which is measured in a standardized measure called "tons of CO₂ equivalent." It has become the standard measurement for households, organizations and countries worldwide.

And these tons of CO₂ equivalents add up alarmingly quickly. For example, according to a recent article in the Wall Street Journal, to manufacture a fleece jacket produces 66 lbs of CO₂, a mid-sized automobile that you drive approximately 120,000 miles averages out at around 67 tons of carbon dioxide, and what might really surprise you is that even your half-gallon jug of milk comes at a cost of 7.2 lbs of carbon, just edging out a six-pack of beer at 7 lbs! But cows make methane and that's a quite a story in itself.

Is all this stuff important? The short answer is "yes" because the amount of greenhouse gasses we emit directly influences how much of the sun's heat stays trapped in our atmosphere, a key factor in climate change. Although I realize there are many theories out there as to whether or not global warming is a direct result of human activity, too much carbon dioxide is harmful to the environment and reducing it is a good idea.

The Casserole Ministry will not meet in December. They will meet Monday, January 9th at 10:00 a.m. in the Parish Hall kitchen. All cooks are invited to join us! If you enjoy cooking, this ministry is for you.



Casserole

Ministry

Nature has provided us with a wonderful foil to carbon dioxide. Trees are "green" machines that act as natural air filters. Through photosynthesis they absorb carbon dioxide from the atmosphere, break it down and store carbon in their trunks, branches, leaves, roots and surrounding soil while releasing oxygen back into the atmosphere. Of course, the amount of CO₂ absorbed varies from tree to tree, but on average a mature tree will absorb approximately 45 lbs of carbon dioxide a year over a lifespan of 40 years, and that's almost a ton. It's just one of the benefits of preserving them. And sadly, we all know what's happening to the trees of the world!

So if you are in a landscaping mode this fall, please include trees in your plans. They are worth their weight in carbon!

Jacqueline Stewart

"The earth is the Lord's and the fulness thereof; the world and they that dwell therein."

Diocesan Convention

The 196th Annual Convention of the Episcopal Diocese of North Carolina will be held in Winston Salem on January 20th and 21st. This year our Presiding Bishop, the Most Rev. Katharine Jefferts Schori, will be the keynote speaker!

Delegates from Emmanuel are Robin Foster, Bonnie Johnson, Diana Turner-Forte, Bill Towne and Stuart Mills. Alternates are Sandy Lampros, John Fessenden and Carolyn Giltzow. Fr. John, Rev. Amy and the Rev. Dr. Randy Foster are our clergy delegates. I know you will enjoy reading their reflections on the convention in the March issue of this newsletter.

Looking for Adults to help with Youth Group Christmas Party!

The Youth Group is getting ready for its annual Christmas Party on December 18th 6:00 - 8:00 p.m.

We need the following volunteer positions filled:

- Team Chairman - can you organize people?
- Decorations Chairman-looking for the WOW factor!
- Set up Crew
- Clean up Crew
- Invitations Chairman - are you creative?
- Food Chairman - store runs needed

There is no cost involved to you, but we do need your time and energy!

Please contact Overall Event Coordinator Mav Hankey at mav@lupines.com or call/text 603.3589 if you are able to assist.



Looking Ahead: December '11 - January '12

Sunday, December 4th - EDS
Candlelight Tour of Homes
1:00 p.m - 6:00 p.m.

Evensong - 5:00 p.m.

Sunday, December 4th & 11 -
'Tis the Season (Parish Hall)
10:10 a.m.

Sunday, December 11th - 85th
Anniversary of the Corner
stone of the Church

Thursday, December 15 - Follow
the Leader Oil Painting Class
10:00 a.m. - 3:00 p.m.

Friday, December 16th - Bach's
Lunch - Noon (Church)

Sunday, December 18th - Youth
Group Christmas Party

Sunday, December 23rd-
Tuesday, December 27th-
Church Office will be closed

Friday, December 30th - Tues
day January 3rd Church
Office will be closed.

Sunday, January 1st - 8:00 a.m.
Rite I/HE
10:00 a.m. Lessons and Carols

Family Promise will be in the
Youth House January 1 - 7.

Congregational Discernment Sessions

January 9, 10 & 12 (6:00 -8:00
p.m.)

January 14 - (9:00 -11:00 a.m.)

January 16th - Church Office
Closed - MLK holiday

January 20 - 21 - 196th
Diocesan Convention,
Winston Salem

Friday, January 27th - Bach's
Lunch - Noon.



December Birthdays

01 Walter Morris	10 David Botnick	19 David Jenkins
01 Debbie Henry	10 Haley Barker	20 Ellen Gleason
02 Tonia Camina	11 Jackie Phillips	20 Fred Thompson
02 Mary Hannah Vaughan	11 Karen Weaver	21 Robert Baxter
03 Dick Loew	12 Ken Norwood	21 John Harris
03 Ryan Greene	12 Nate Hanson	21 Matthew Botnick
04 Heather Alers-Hankey	13 Jean Jordan	21 Connor Hassenfelt
05 Maggie Watson	13 Doris Mornaghine	22 Jeff Miller
05 Avery Schrader	15 Peggy Johnson	22 Gregory Renner
06 Janet Melville	15 Kaleigh Peterson	22 Catrina Kelly
06 Cynthia Norwood	15 Emma Steen	22 Stephanie Morse
07 David Cowherd	16 Marge Haller	23 Ron Davis
07 Julia Ambersley	17 Ellie Roberts	25 Wil Staub
07 Joseph Payne	17 George Anderson	27 Charles Miller
07 Philip Peterson	17 Nick Deemer	27 Brooke Going
08 Lauren Holland	17 Reece Gerdes	29 Jim Sexton
08 Leigh Velevis	18 Ellen Sherman	29 Margie DeBernard
08 Kate Bouser	18 Bob Horton	29 Mike Cowherd
08 Stephanie White	18 Gary Krasicky	31 Jacque Klimack
09 Andy White	18 Sarah Steen	31 Patty Pottle
10 Susanne Adams	19 Bruce Weir	

January Birthdays

01 Marcy Lincicome	09 Phillip Steen	25 Nancy Collins
01 Jonathan Bonsal	10 Dottie Smith	25 Hanna Johnstone
01 Everet Smith	10 Chris Little	26 Tommy Raper
02 Evie Sugg	10 Byron Wade	27 Gus Sams
03 Tom Adams	10 Amy McNeill	27 Sarah Bahner
03 Pete Broughton	11 Eva Taylor	27 Sumner Dalrymple
03 Bob Shorkey	11 Cele Bryant	27 Thomas Griffin
03 Turner Floyd	11 Bunny Southers	27 Ben Kaiser
03 Lydia Cheek	13 Tom Williams	29 Carol Burgess
04 Patrick Stone	14 Margaret Butcher	29 Patricia Green
04 Luke Lynch	15 Bob MacWade	29 Laurel Holden
04 Logan Felder	17 David Boone	29 Savannah Dunahay
04 Emma Dunahay	18 John Weaver	29 Davis McKellop
05 Andrea Moore	18 Steve Saye	29 Ben Weinschel
05 Barron Russell	18 Terry Ann Sams	30 Mary Beth Monk
06 Laura Goodman	19 Fred Giltzow	31 Barbara Thompson
07 Joanne Getz	19 Caroline McKissick-Young	31 Cathy Grady
07 Terry Dowd	19 Connor Kelly	31 John Gessner
07 Jamie Gayman	20 Marsh Smith	31 Jennifer Isaacs
07 Jack Dalrymple	21 Zion Collins	31 Win Pratt
08 Rebecca Stone	23 Annette Castle	
09 Ron Bement	23 Josephine McCrann	
09 Deborah Brown	24 Marilyn Arthur	
09 William Wallace	24 Shannon Sprouse	

EMMANUEL EPISCOPAL CHURCH
Reflections

340 S. Ridge Street
Southern Pines, NC 28387



Christmas Service Schedule

Christmas Eve Services

2:00 p.m. Children's Pageant/HE

4:00 p.m. Children's Pageant/HE

6:30 p.m. Family Service/HE

10:30 p.m. Midnight Service/HE

Christmas Day Service

10:00 a.m. Holy Eucharist